



# Financial Resource Center

## For Employers

Following are resources designed for HR professionals to assist employees at the workplace, hosted/provided by United Way professionals and volunteers.

### United Way Live and Learn Seminars

United Way offers a number of workplace seminars designed to help employees access services and resources in the community. For a full list of United Way Live and Learn Seminars please contact [hr@unitedwaymiami.org](mailto:hr@unitedwaymiami.org) by email.

**Achieving Homeownership** Learn about the Home Buyer Education Seminar promoting homeownership opportunities in Miami-Dade County that include housing information, counseling, low-cost options and financial incentives.

**Coping with Elderly** Learn about how to deal and cope with elderly parents from professionals.

**Epilepsy Awareness** Learn about Epilepsy causes, education, symptoms, awareness, prevention and first aid.

**Food Management** Learn about nutrition and weight reduction.

**Golden Years** Learn about retirement planning, low prescription drug care, long term care planning and other important issues geared towards older adults.

**General Disaster Preparedness** Learn about the basics to prepare for all types of disasters (hurricanes, tornadoes, fires, floods, and other emergencies).

**HIV/AIDS Awareness** Learn about up-to-date information on HIV/AIDS awareness, prevention and education.

**Hurricane Preparedness** Learn about preparing your business/employees for hurricanes and other major emergencies--and to help you recover in the event of a disaster.

**Protecting Children Online** Learn about "Operation Candy Man" and our commitment to stopping sexual predators online.

**Safe and Smart** Learn about techniques on how to teach children to be safe at home, in school, with strangers and more.

**Sexual Abuse** Learn about warning signs, education, causes and general awareness.

**Sister to Sister** Learn about "Healthy Heart" information and support to prevent heart disease which is the #1 cause of death among women.

**Special Needs/ Healthy Aging** Learn about the answers to questions regarding special health care needs of the elderly.

**Stress Management** Learn about chronic stress and how it can wear down the body's natural defenses from professionals.

**Substance Abuse** Learn about alcohol abuse and some of the popular drugs used today and their effects, warning signs and symptoms.

**The Greater Miami Prosperity Campaign** Learn about Earned Income Tax Credits, Food Stamps Programs, Homeowner's Assistance Programs and Share Program which, through a network of volunteers, delivers food to neighborhoods around the county.

**Where to get help** Learn about where to turn for social services help in Miami-Dade County

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United Way of Miami-Dade focuses on helping individuals and families become financially stable and achieve long-term economic independence. For more information, visit [www.unitedwaymiami.org](http://www.unitedwaymiami.org) or call (305) 860-3000.